

# CALLING ALL WOMEN!



- ❖ Is past trauma still impacting your present ... and future?
- ❖ Do you understand the impact of traumatic experiences on your current behavior?
- ❖ Would you like to learn to build resilience and coping skills through an interactive journaling process?

## OUR "TRAUMA IN LIFE" GROUP CAN HELP!

Our focus will be on interactive journaling techniques using a variety of media. Please join us for a 6-session support group beginning October 6<sup>th</sup> from 10am - noon. *(This session's groups will be held October 6 & 20, November 3, and December 1, 15, & 29.)* Upon completion all participants will receive a special gift basket to continue their progress. This is a closed group for women with criminal history, and you should attend all 6 sessions. Start dates of future groups to be announced. Let us know in advance if you need assistance with transportation and/or daycare.\*

We meet from 10am-noon at the Community Justice Center, 9105-B NE Highway 99, Vancouver. To reserve your spot, please fill out the information below and return to Beth Robinson at: Clark County District Court Corrections Division, PO Box 5000, Vancouver, WA 98666-5000. For more information, call Beth Robinson at (360) 397-6119 x4291 or April Delaney at (360) 571-4356.

*\*Limited funding available for Clark County District Court Corrections Division clients only.*

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I am interested in the Women's "Trauma in Life" Support Group. Please sign me up to begin the next session on 10/06/2010.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Supervision status (please check):  Clark Co. District Court/Corrections Division  DOC