



ACCESS TO PUBLIC MENTAL HEALTH SERVICES

CLARK COUNTY REGIONAL SUPPORT NETWORK
(360) 397-2130 OR (800) 410-1910
WWW.CLARK.WA.GOV/MENTAL-HEALTH/

FOR A PERSON OR FAMILY IN A **CRISIS** SITUATION (NEEDS HELP RIGHT AWAY)

If you are currently enrolled in services and it is during business hours, call your mental health provider. If your clinician is not available, ask to speak to the clinician on call to assist you in resolving your issue.



If it is after business hours or you are not enrolled in services call:
Clark County Crisis Line: 800-626-8137 or 360-696-9560



A Mental Health Professional will assist you in finding the best solution that is appropriate for your current need.

**IF IN
DANGER
DIAL 911**

If calling 911, ask for a CIT trained officer
Crisis Intervention Team trained police officers are equipped with specialized knowledge and skills to use when interacting with individuals experiencing a psychiatric crisis.

FOR A PERSON OR FAMILY IN NEED OF ROUTINE MENTAL HEALTH CARE (**NOT** A CRISIS SITUATION)

Contact any one of these agencies directly for access to routine mental health services.



Catholic Community Services
(limited to children in East county)
www.ccsww.org
(360) 567-2211

Community Services Northwest
(serves adults)
www.communityservicesnw.org
(360) 397-8484

Children's Center
(serves children)
www.thechildrenscenter.org
(360) 699-2244

Family Solutions
(serves children)
(360) 695-1014

Children's Home Society
(serves children)
www.childrenshomesociety.org
(360) 695-1325

Lifeline Connections
(serves adults)
www.lifelineconnections.org
(360) 397-8246

Columbia River Mental Health
(serves children & adults)
www.crmhs.org
(360) 993-3000

Sea Mar Behavioral Health
(serves children and adults)
www.seamar.org
(360) 566-4432

For help in choosing the agency that best meets your needs, please contact the Clark County Regional Support Network at (360) 397-2130.

JUST NEED TO TALK? ONE OF THESE SUPPORT LINES MAY BE ABLE TO HELP:

TeenTalk.....(360) 397-CHAT
www.ccteentalk.clark.wa.gov
Hours: Monday -Thursday 4—9 pm, Friday 4—7 pm

TeenTalk offers teen-to-teen support both on the phone and online. TeenTalk volunteers are fully trained and supervised and available to talk to peers about a variety of topics.

CVAB Warm Line.....(360) 750-2012 or (360) 750-2014
Hours: Daily 5 pm—10 pm

The Warm Line is a peer telephone support line staffed by trained volunteers with first hand experience with mental health issues. To speak with a Warm Line volunteer during their hours of operation call one of the pager numbers listed above.

For other formats contact the Clark County ADA Office: **Voice** (360) 397-2000; **Relay** 711 or (800) 833-6388; **Fax** (360) 397-6165; **E-mail** ADA@clark.wa.gov

Eligibility for Services

- Mental Health Services funded by the Clark County Regional Support Network (CCRSN) are available to children and adults who:
 - Are enrolled in Medicaid
 - Have a mental health diagnosis that is covered by the Medicaid plan, and
 - Have significant difficulty in school, work, family, or other areas of life
- The Regional Support Network provides mental health services to some individuals and families who are not eligible for Medicaid if they meet financial and medical necessity criteria, fall into a high-need category, and funding is available.
- All Clark County residents are eligible to receive Clark County Crisis Services.

Clark County Recovery Vision

Recovery recognizes each person's unlimited potential. It encourages self-determination through respect, support, meaningful choices, and understanding. Recovery is maintained and achieved through a continuum of connected, relevant, supportive, individualized services, and is reflected in the language we use.

Principles of Recovery

- All people function on a continuum of wellness and move back and forth on that continuum.
- Our expectation is that all people will return to a higher place on the continuum of wellness.
- Mental illness is an event on that continuum. It does not define the person.
- We recognize and value each individual's human experience.
- The person receiving the services controls the recovery process.
- The mental health system and the person receiving services are part of the entire community, not an isolated entity. Services offered should be integrated with the community-at-large.
- The mental health system shall recognize the various life domains of each person. Services delivered will connect the individual with the community to enrich each of these life domains. This connection moves the individual higher on the wellness continuum.

Other Mental Health Resources

If you or your child do not qualify for services funded by the Clark County Regional Support Network, there may be other resources available to assist you:

Other mental health care covered by Medicaid

If you do not meet medical necessity for CCRSN services but need mental health care, you may qualify for a limited number of visits through the Department of Social and Health Services (DSHS). To find out if you qualify please call 1-800-563-3022.

211 Info **From any phone, simply dial "211"**

211 Info provides comprehensive information and referral services, by phone or searchable website (www.211info.org), focused on health and social services programs in the Portland/Vancouver metropolitan area.

Consumer Voices Are Born **(360) 397-8050** **www.cvabonline.com**

Consumer Voices Are Born (CVAB) is a consumer-run mental health recovery center that is open to all adults regardless of insurance status.

NAMI Clark County **(360) 695-2823** **www.nami-clark.org**

The Clark County chapter of the National Alliance on Mental Illness (NAMI) provides support and education to individuals living with mental illness as well as their families and friends.

PATHWAYS **(360) 699-2244** PATHWAYS, operated by Children's Center, provides quality mental health services to children who are uninsured or underinsured.

The Wellness Project **(360) 798-2918** The Wellness Project, operated by Community Services Northwest, provides free outpatient therapy, mental health evaluation and medication management for adults without insurance.

Concerns? If you have any concerns about the mental health services you or your child are receiving please ask to speak with the Quality Manager at the agency where you are receiving services. You may also call the **Mental Health Ombuds** for Clark County at (360) 397-8470 or toll free 1-866-666-5070, or the Clark County Regional Support Network Quality Manager at (360) 397-2130.