

# CALLING ALL HEROES – ★ ★ ★ and HEROINES too! ★ ★ ★

Do you have an hour each week to spend eating lunch with a child?  
To make a difference?  
Possibly even to change a life?

Consider becoming a Lunch Buddy to a local child.  
The need for Buddies is great,  
the need for male buddies is particularly urgent,  
the rewards are huge, and you—

yes, YOU, my friend — are the person for the job.



## Be a Lunch Buddy!

Information session  
Thursday, October 14th  
12:00-12:45 pm

Bates Center, 2921 Falk Road

(south side of Roosevelt Elementary School)  
Lunch available, \$5 preorder

*“Can I really make a difference in less than an hour a week?”*

**YES YOU CAN—**

**Questions/RSVP/lunch orders: Barbara Nordstrom,  
VSD Foundation Lunch Buddy Program Coordinator  
313-4725 or email [LunchBuddy@vansd.org](mailto:LunchBuddy@vansd.org)**

